



OCTOBER 2026

St. Mary's School

Baby carrots or grape tomatoes offered daily

Monday

Tuesday

Wednesday

Thursday

Friday



5

Chicken Fried Steak Sandwich
ALT Sunbutter & Jelly w/ Cheese Stick
Mixed Vegetables
Chilled Pears

6

Breaded Mozzarella Cheese Sticks
ALT Italian Hoagie
Carrot Sticks
Banana

7

Cheesy Chicken Enchilada w/Fritos
ALT Chicken Salad on 9 Grain
Seasoned Black Beans
Pineapple

1

BBQ Roasted Chicken Drumstick [Farm to School](#)
ALT Southwest Chicken Wrap
Corn
Fruit Slushy

2

Cheese Omelet w/Long John Donut
ALT Turkey & Cheese Hoagie
Sweet Potato Wedges
Crisp Apple [Farm to School](#)

12

Hot Dog on a Bun
ALT Sunbutter & Jelly w/Cheese Stick
Baked Beans
Mixed Fruit

13

Grilled Cheese Sandwich
ALT Ham & Cheese Hoagie
Steamed Carrots
Chilled Pears

14

Pizza Hut Pepperoni Pizza
ALT Tuna Salad on 9 Grain Bread
Romaine Salad w/Croutons
Crisp Apple [Farm to School](#)

15

Popcorn Chicken w/Assorted Bread
ALT Asian Chicken Wrap
Seasoned Green Beans
Mandarin Oranges
Chocolate Chip Cookie

16

Macaroni & Cheese w/Soft Pretzel
ALT Turkey & Cheese Hoagie
Garden Peas
Craisins

19

Crispy Chicken Sandwich
ALT Sunbutter & Jelly w/Cheese Stick
Mixed Vegetables
Chilled Peaches

20

Cheese Dunkers w/ Pizza Sauce
ALT Italian Hoagie
Fresh Broccoli
Cinnamon Applesauce

21

Fried Chicken Drumstick w/Ciabatta Roll
ALT Chicken Salad on 9 Grain Bread
Mashed Potatoes w/Gravy
Banana

22

No School

23

No School

26

Cheesy Nachos
ALT Sunbutter & Jelly w/Cheese Stick
Seasoned Black Beans
Mixed Fruit

27

Cheesy Chicken Philly Sandwich
ALT Ham & Cheese Hoagie
California Blend Vegetables
Chilled Pears

28

Pizza Hut Cheese Pizza
ALT Tuna Salad on 9 Grain Bread
Romaine Salad w/Croutons
Mandarin Oranges

29

BBQ Pulled Pork Sandwich
ALT Turkey Cheese Hoagie
Sweet Potato Waffle Fries
Crisp Apple [Farm to School](#)

30

Cheeseburger on a Bun
ALT Chicken Bacon Ranch Wrap
Frightful French Fries
Phantom Pineapple
[Ghoulish Gummy Treats](#)

Daily 3rd Option = Yogurt with a Cheese Stick or Sunflower Seeds and WG bread + Daily Fruit & Vegetable

8 oz. nonfat flavored or 1% milk served daily. Apple and Orange juice are also available. Water also available. Menus subject to change. WG=Whole Grain
This Institution is an equal opportunity provider.